

The background is a solid dark blue color. It is decorated with various hand-drawn, colorful shapes and lines. In the top left, there are green scribbles. At the top center, there is a yellow square. In the top right, there is a blue square. On the left side, there is a yellow square with a blue checkmark-like shape below it. On the right side, there is a yellow circle and a red square. At the bottom left, there is a green square. At the bottom center, there is a blue square. At the bottom right, there is a red square and a green scribble.

School Re-entry for School Counselors: *Elementary Edition*

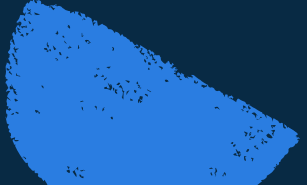
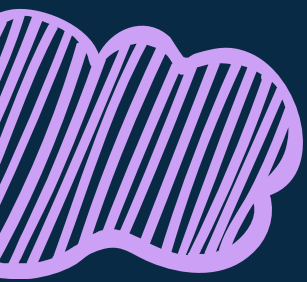
SANDI LOGAN-MCKIBBEN, PHD, NCC, NCSC, ACS, BC-TMH
LUCY DORLUS, MA, EDS.

Agenda

- INTRO
- REVIEW OF CURRENT CHALLENGES
- 3 MUST-DO'S
- 3 DON'T DO'S
- BREAK OUT
- SELF-CARE
- CLOSING REMARKS



HELLO!



A decorative border of colorful hand-drawn shapes and patterns surrounds the text. The top border includes a red square, a blue scribble, a yellow diamond, a red spiral, a green triangle, a red swirl, a pink semi-circle, and a blue arrow. The bottom border includes a red scribble, a yellow spiral, a blue L-shape, a red scribble, a green flower, a yellow semi-circle, and several colorful stars.

Are you ready to go back to school?

HOW PREPARED DO YOU FEEL FOR RETURNING TO CAMPUS?

Introductions: Lucy Dorlus, Ed.S.

- * Former middle school teacher in South Florida
- * Current School Counselor at an elementary school in Orange County, Florida (Orlando area)
- * Average caseload: 750 (1 school)
- * Current Board Member of Florida School Counselor Association

Introductions: Sandi Logan-McKibben, PhD, NCC, NCSC, ACS, BC-TMH

- * Former School Counselor in Southern California
- * Average caseload: 1,200 (split between 2 schools)
- * 1st School Counselor at both of my schools (no job description or CSCP in place)
- * Former President of Orange County Chapter of CASC

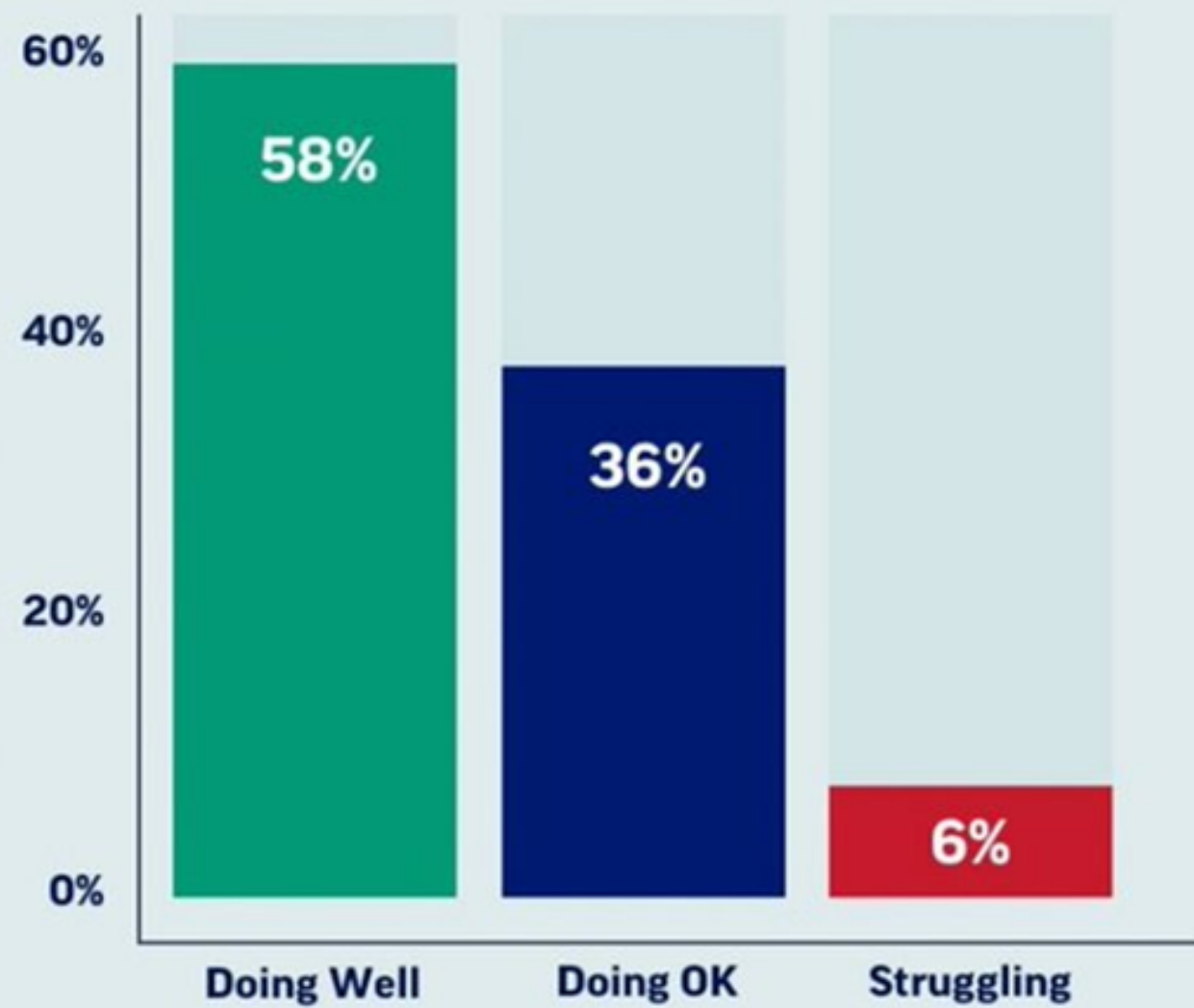


Challenges Returning to School

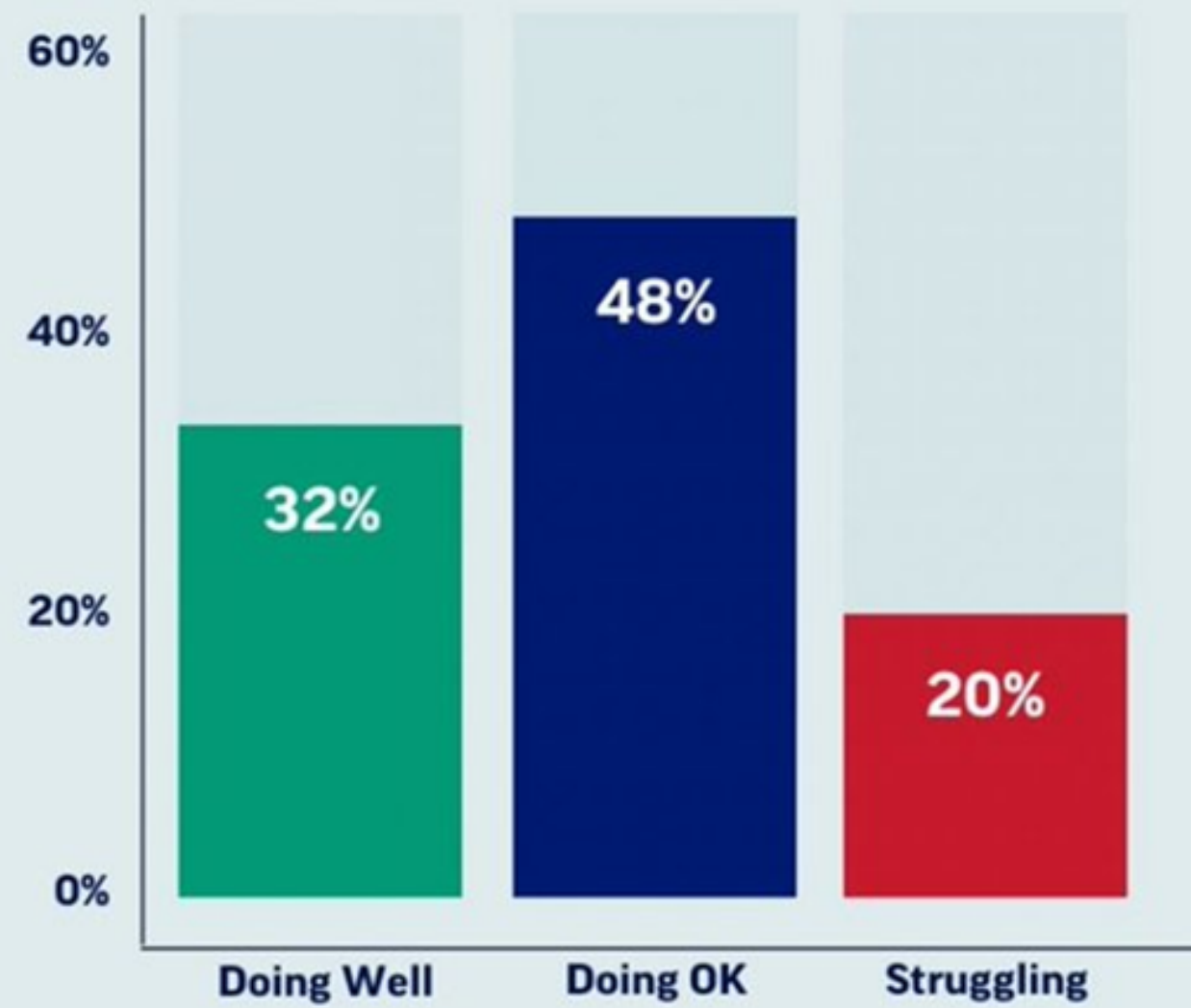
- Feelings of disconnection/isolation & being overwhelmed or nervous (students & staff)
- Academic progress or lack thereof may be difficult to ascertain
- NO ONE has all the answers or necessary info; the situation remains fluid
- Will need to build new systems/protocols for operations and communications
- At risk of being utilized in non-counseling responsibilities

Students report significant academic decline since COVID

BEFORE THE PANDEMIC

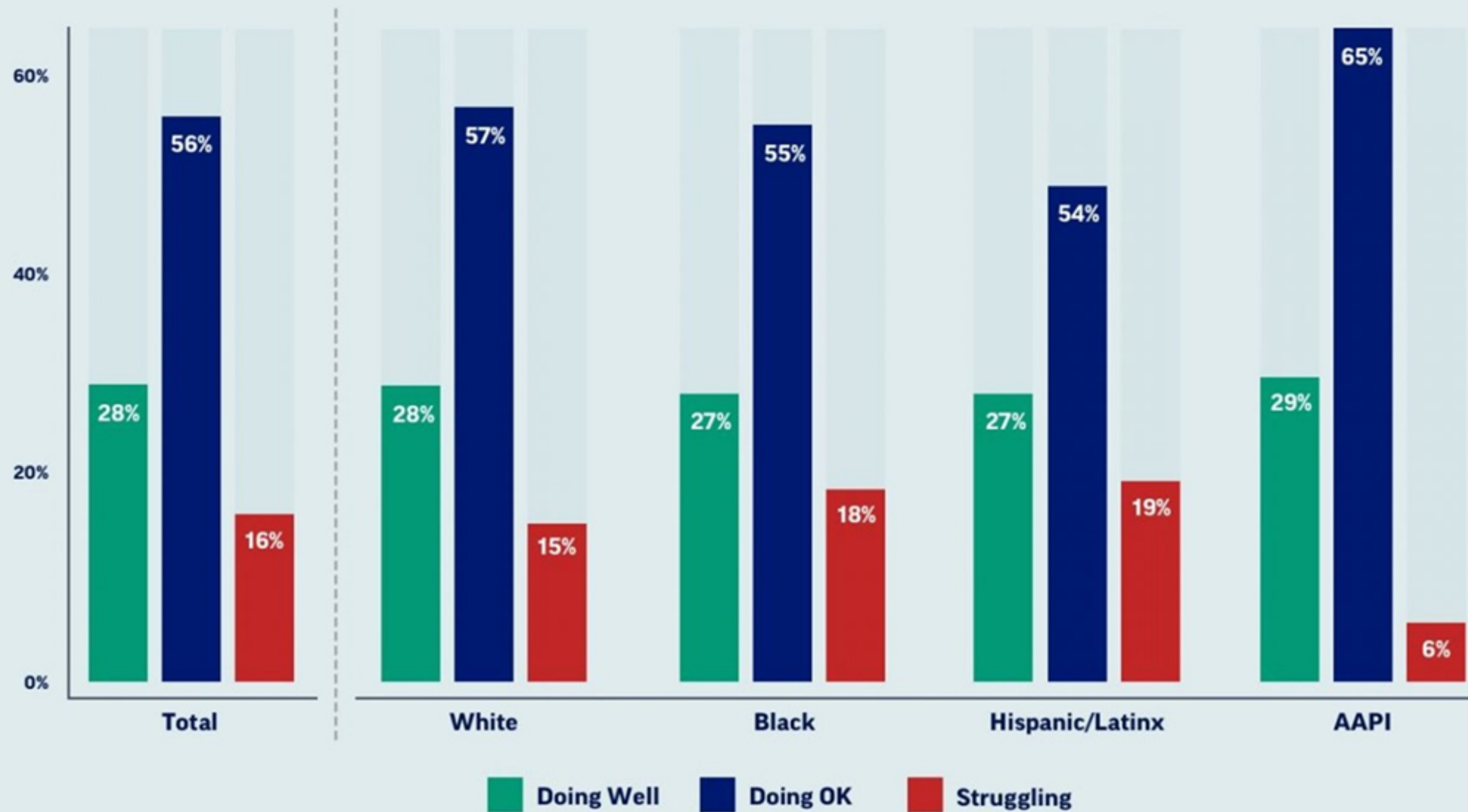


CURRENTLY

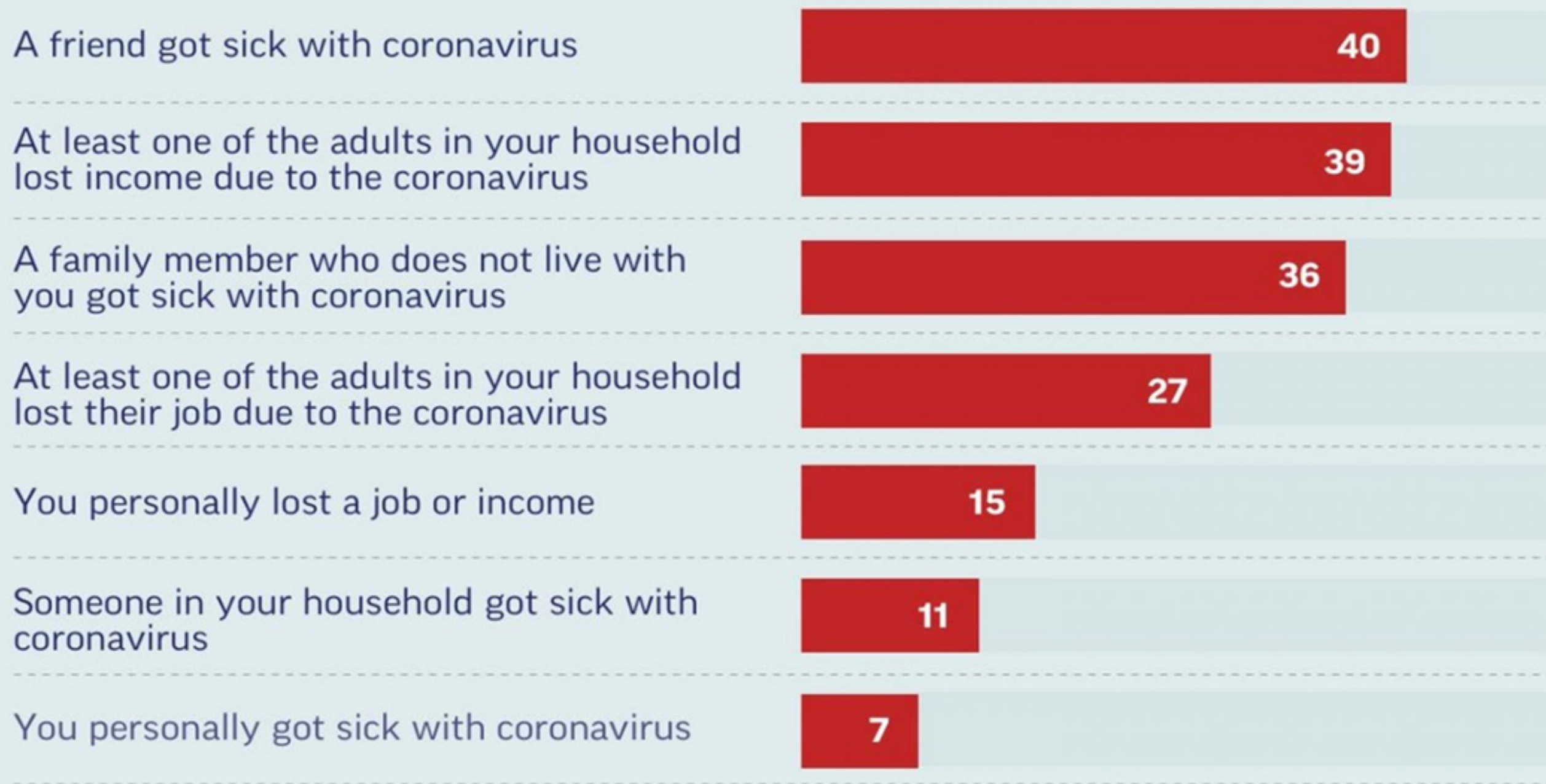


Most students 'doing OK'

Black and Hispanic/Latinx students are most likely to struggle.



4 in 10 know someone who got sick; suffer from financial hardship



Best Practices

VIRTUAL OFFICE

- Virtual Calm Room
- check-in form
- "I need to see the School Counselor" form
- Read alouds
- Character education

NEEDS ASSESSMENT

- Teachers & staff
- Parent survey
- Students (Minute Meetings)

MINDFUL MONDAY/WELLNESS WEDNESDAY

- Self-care
- SEL
- Staff check-in

USEFUL APPS

- Doodle
- Canva
- Canvas
- Google (forms, sheets, voice, slides)
- Microsoft (calendar, virtual meetings)
- Class dojo
- Social media

CHECK-IN FORMS

- Students and teachers
- Monthly newsletter

MONTHLY CHAT & CHEW

- Topics:
- How to create a calm corner at home
 - Test anxiety
 - Mental Health Resources

3 Must-do's

TRACK STUDENTS

- Create Google or Microsoft form for unaccounted students
- Use Google voice to make calls or send text messages
- Work with your attendance clerk/Registrar and School Social Worker

NEEDS ASSESSMENT

- Needs assessment offers a data informed direction for your comprehensive school counseling program
- Small groups, classroom lessons, school wide initiatives and parent workshops

FLEXIBILITY

- Plan to be flexible and responsive to the needs of your school.
- Consistent communications with all stakeholders
- Collaboration...BUT not at the expense of your role



3 things you should refrain from doing:


BUSINESS AS USUAL

- Refrain from assuming that school is business as usual
 - give teachers an opportunity to establish classroom norms, rules, procedures, etc...

HAVING ALL THE ANSWERS

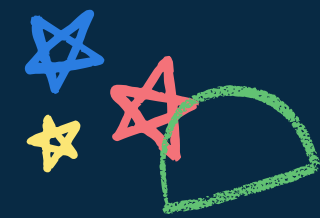
- Refrain from feeling that you or anyone else have all the answers, remember to give yourself grace.

WORKING IN ISOLATION

- Refrain from working "solo."
 - "It takes a village"
 - Be a team player:
 - temperature checks, morning/afternoon duty
- 

Breakout Groups (10-15 mins)

Identify one of the **MUST DO's** that you will return to your school committing to do. What barriers might you need to consider? Who are your allies that can support your efforts?

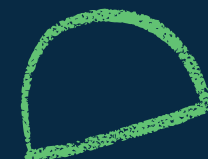


Takeaway(s)

1. Collaboration & Communication are key.
2. Having an "I can, I will" mindset is helpful.
3. Operate with a sense of establishing NEW norms; not just the status quo.
4. You can't do ALL THE THINGS; give yourself/others grace.
5. Student well-being should be at the forefront of all that you do.



**Send yourself an
email RIGHT
NOW... about your
commitment!**



Self-care



SCHEDULING BREAKS

Build-in time into your schedule for some "breathers"



JOY

Make sure that you are doing things personally and professionally that bring you joy



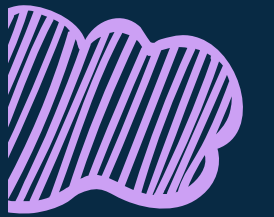
TEND TO YOUR PERSONAL NEEDS

- Fitness
- Nutrition
- Personal relationships
- Hobbies
- Music

Q & A

What questions do you have?

How can we be of assistance and support to your school re-entry?



Resources

ASCA Virtual School Counseling Resources

Planning for Uncertainty: An Educator's Guide to Navigating the COVID-19 ERA

1-Dialogue with stakeholders, 2-Consider your school climate, 3-Apply an equity lens

The Role of SEL in Reintegrating to In-Person Learning: 6 Tenets to Guide Your Transition

1. Educator resilience must come first.
2. Check-in on students' SEL and well-being--early and often.
3. Build & strengthen Tier 1 SEL supports.
4. Every child deserves individualized support from a caring adult.
5. Help students heal & cope through trauma-response SEL.
6. Partner with caregivers & community organizations to smooth the transition for students.

Feel free to get in touch

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